

# **PRISM - Multidisciplinary care of the metabolic syndrome during spa therapy**

Responsable(s) :Moore Nicholas, Service de Pharmacologie, CIC-P 0005-INserm U657- Université Bordeaux Segalen

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## Général

### Identification

Nom détaillé	Multidisciplinary care of the metabolic syndrome during spa therapy
Sigle ou acronyme	PRISM

Numéro d'enregistrement (ID-RCB ou EUDRACT, CNIL, CPP, etc.)	CCTI-RS 08.076bis, CNIL 908160
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### Thématiques générales

Domaine médical	Endocrinology and metabolism
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Déterminants de santé	Lifestyle and behavior Medicine Nutrition
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Mots-clés	Metabolic syndrome, spa therapy, multidisciplinary care, balneology, department of pharmacology, pharmacoepidemiology, cohort, Bordeaux
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### Responsable(s) scientifique(s)

Nom du responsable	Moore
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Prénom	Nicholas
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Adresse	Bât du Tondu - Case 41 - 146, Rue Léo Saignat - 33076 BORDEAUX Cedex
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Téléphone	+ 33 (0)5 57 57 46 75
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Email	nicholas.moore@u-bordeaux.fr
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Laboratoire	Service de Pharmacologie, CIC-P 0005-INserm U657- Université Bordeaux Segalen
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Organisme	Université Bordeaux
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### Collaborations

## Financements

Financements	Mixed
Précisions	Association Française pour la Recherche Thermale - AFRETh (soutien inconditionnel) dans le cadre de l'Appel d'Offre 2007
<b>Gouvernance de la base de données</b>	
Organisation(s) responsable(s) ou promoteur	Service de Pharmacologie, CIC-P 0005-INSERM U657- Université Bordeaux Segalen
Statut de l'organisation	Secteur Public
<b>Contact(s) supplémentaire(s)</b>	
<b>Caractéristiques</b>	
<b>Type de base de données</b>	
Type de base de données	Study databases
Base de données issues d'enquêtes, précisions	Longitudinal study (except cohorts)
Origine du recrutement des participants	A selection of health institutions and services
Critère de sélection des participants	Another treatment or procedure
Le recrutement dans la base de données s'effectue dans le cadre d'une étude interventionnelle	No
Informations complémentaires concernant la constitution de l'échantillon	Spa physicians proposed the study to non-diabetic patients initiating spa therapy between July 2008 and December 2009 and presenting with metabolic syndrome. Patients fulfilling the inclusion criteria and agreeing to participate were included. Those whose general practitioner agreed to participate were followed for 1 year without any further intervention.
<b>Objectif de la base de données</b>	
Objectif principal	The main objective of this study was to determine the maximal effect of multidisciplinary management initiated during spa therapy on metabolic syndrome at one year.

**Critères d'inclusion**

Patient presenting a metabolic syndrome according to the criteria of the NCEP-ATP III (at least three of the following criteria: waist circumference > 102 cm for men and 88 cm for women, triglycerides ? 1.5 g/l, HDL-Cholestérol < 0.4 g/l for men and 0.5 g/l for women, fasting glycaemia ? 1.10 g/l, blood pressure ? 130/85 mmHg 130/85); greater than 18 years old; patient having a BMI < 40; patient having a fasting glycaemia < 1.26 g/l; patient who can be followed during the study period; patient able to understand the protocol and complete the questionnaire; patient initiating spa therapy for "metabolic disease" (alone or with a second indication); patient accepting to participate in the study.

### Type de population

Age	Adulthood (19 to 24 years) Adulthood (25 to 44 years) Adulthood (45 to 64 years) Elderly (65 to 79 years) Great age (80 years and more)
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Population concernée	Sick population
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Sexe	Male Woman
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Champ géographique	National
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Détail du champ géographique	Patients initiating spa therapy at Eugénie les Bains
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### Collecte

### Dates

Année du premier recueil	2008
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Année du dernier recueil	2009
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### Taille de la base de données

Taille de la base de données (en nombre d'individus)	< 500 individuals
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Détail du nombre d'individus	145 patients inclus dont 97 patients suivis pendant 1 an
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### Données

Activité de la base	Data collection completed
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Type de données recueillies	Clinical data Declarative data Administrative data
Données cliniques, précisions	Direct physical measures Medical registration
Données déclaratives, précisions	Paper self-questionnaire Face to face interview Phone interview
Données administratives, précisions	Name, first name, home address, email address, phone number, general practitioner address
Existence d'une biothèque	No
Paramètres de santé étudiés	Health event/morbidity Health event/mortality Health care consumption and services Quality of life/health perception Others
Consommation de soins, précisions	Medical/paramedical consultation Medicines consumption
Autres, précisions	Dietary evaluation (questionnaire Nutrition Alimentation)

## Modalités

Mode de recueil des données	The inclusion data were collected by the thermal team (thermal physician, dietitian, psychologist) and from the patient (paper questionnaire). During the follow-up at 6 and 12 months, the data were collected by the coordinating centre from the patients and their general practitioners.
Suivi des participants	Yes
Détail du suivi	The patients included by the thermal physicians were also seen by a dietitian and a nurse to fill-out two questionnaires. They participated in multidisciplinary care programme associated with the hydrotherapy. Those whose general practitioner agreed to participate were contacted again at 6 and 12 months to complete a telephone questionnaire (SF36 quality of life evaluation, physical activity, perceived health status, dietary evaluation). In parallel, general practitioners were also contacted at 6 and 12 months to fill-out a medical questionnaire (vital status, clinical examination, cardiovascular events, biological examinations and medicinal

treatments).

Appariement avec des sources administratives No

## Valorisation et accès

### Valorisation et accès

Lien vers le document <http://tinyurl.com/Pubmed-PRISME>

Description List of publications in Pubmed

## Accès

Charte d'accès aux données (convention de mise à disposition, format de données et délais de mise à disposition)

A study report was delivered to the AFRETh after validation by the study Steering committee experts. Ownership of study data is the subject of an agreement between the University of Bordeaux Segalen and the AFRETh. Terms for third-party access to the database are to be defined.

Accès aux données agrégées Access on specific project only

Accès aux données individuelles Access on specific project only