

# ENNS - French National Nutritional and Health Study

Responsable(s) :Salanave Benoit, Equipe de surveillance et d'épidémiologie nutritionnelle (ESEN)

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## Général

### Identification

Nom détaillé French National Nutritional and Health Study

Sigle ou acronyme ENNS

Numéro d'enregistrement (ID-RCB ou EUDRACT, CNIL, CPP, etc.) CNIL no. 905481; Paris Cochin CPP no. 2264.

## Thématisques générales

Domaine médical Endocrinology and metabolism  
Pediatrics

Pathologie, précisions Toxic environmental exposure and risk factors, living conditions, food supply, food insecurity and physical activity/inactivity.

Déterminants de santé Lifestyle and behavior  
Medicine  
Nutrition  
Social and psychosocial factors

Mots-clés blood glucose, triglycerides, nutrients, energy, PNNS (French National Nutrition and Health Program), food insecurity, nutrition, nutritional status, excess weight, obesity, hypertension, diabetes, cholesterol, dyslipidemia, lead, arsenic, heavy metals, pesticides, dietary behaviour, recommendations, social health inequalities, 24-hour recalls, diet, physical activity, bulk, blood pressure, monitoring

## Responsable(s) scientifique(s)

Nom du responsable Salanave

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Laboratoire	Equipe de surveillance et d'épidémiologie nutritionnelle (ESEN)
Organisme	Santé publique France
<b>Collaborations</b>	
Participation à des projets, des réseaux, des consortiums	Yes
<b>Précisions</b>	
	National Health Insurance examination centers and laboratories; municipal health clinics. Biological analysis laboratory in Dijon and Grenoble University Hospital Centres (UHC). Paris 13 University.
<b>Financements</b>	
Financements	Public
<b>Précisions</b>	
	InVS
<b>Gouvernance de la base de données</b>	
Organisation(s) responsable(s) ou promoteur	Agence nationale Santé publique France, ex Institut de veille sanitaire (InVS)
Statut de l'organisation	Secteur Public
<b>Contact(s) supplémentaire(s)</b>	
<b>Caractéristiques</b>	
<b>Type de base de données</b>	
Type de base de données	Study databases
Base de données issues d'enquêtes, précisions	Not-repeated cross-sectional studies (except case control studies)
Origine du recrutement des participants	A population file
Le recrutement dans la base de données s'effectue dans le cadre d'une étude interventionnelle	No
Informations complémentaires concernant la constitution de l'échantillon	3-stage sampling: 1/ municipalities or groups of municipalities (190) stratified by urban unit size and 8 major regions; 2/ households from phone lists

(landlines, red lists, mobile phones and unbundled);  
3/ 1 individual per household, adult or child, using  
the birthday method.

## Objectif de la base de données

### Objectif principal

To describe food consumption, physical activity and nutrition of children and adults from a representative sample of the population living in France between 2006-2007.

### Critères d'inclusion

#### Adults:

- Residing in metropolitan France during the study period (February 2006 to January 2007);
- Between 18 and 74 years old;
- Residing in an ordinary household with a landline or mobile phone;
- Living at least 5 days a week in the randomly selected household;
- Able to understand the primary implications of participating in the study by phone (hearing, understanding of French, no mental illness);
- Not suffering from a disease requiring enteral and parenteral artificial feeding;
- Agreed to participate in at least one part of the two-part study (food or clinical and biological assessment).

#### Children:

- Residing in metropolitan France during the study period (February 2006 to January 2007);
- Between 3 and 17 years old;
- Residing in an ordinary household with a landline or mobile phone;
- Living at least 5 days a week in a randomly selected household;
- Able to understand (child and child's guardian) the major implications of participating in the study by phone (hearing, understanding of French, no mental illness);
- Not suffering from a disease requiring enteral and parenteral artificial feeding;
- Agreed to participate in at least one part of the two-part study (food or clinical and biological assessment).

## Type de population

### Age

Early childhood (2 to 5 years)  
Childhood (6 to 13 years)  
Adolescence (13 to 18 years)  
Adulthood (19 to 24 years)  
Adulthood (25 to 44 years)

	Adulthood (45 to 64 years) Elderly (65 to 79 years)
Population concernée	General population
Pathologie	
Sexe	Male Woman
Champ géographique	National
Détail du champ géographique	Metropolitan France excluding Corsica island
Collecte	
Dates	
Année du premier recueil	02/2006
Année du dernier recueil	07/2007
Taille de la base de données	
Taille de la base de données (en nombre d'individus)	[1000-10 000] individuals
Détail du nombre d'individus	3,115 adults (18-74 years old), 1,675 children (3-17 years old).
Données	
Activité de la base	Data collection completed
Type de données recueillies	Paraclinical data Biological data
Données paracliniques, précisions	Weight, height, waist and hip measurement, blood pressure.
Données biologiques, précisions	Glucose, HbA1c, cholesterol, triglycerides, iron level, folates, vitamins, etc.
Existence d'une biothèque	Yes
Contenu de la biothèque	Whole blood Serum Plasma Fluids (saliva, urine, amniotic fluid, ?)
Détail des éléments conservés	---

Paramètres de santé étudiés	Health event/morbidity Others
Autres, précisions	Biological nutritional status markers (body mass, vitamin and micronutrient status, blood pressure, dyslipidemia, etc.).
<b>Modalités</b>	
Mode de recueil des données	- Initial contact by telephone (household composition, random selection); - Face-to-face questionnaire at home and distribution of self-administered questionnaire; - Three recalls of 24 hours food consumption, by telephone - health examination at home (carried out by a nurse) or in an examination clinic.
Nomenclatures employées	INSEE for marginal calibration data.
Procédures qualité utilisées	Internal unit procedures.
Suivi des participants	No
<b>Pathologie suivies</b>	
Appariement avec des sources administratives	No
<b>Valorisation et accès</b>	
Valorisation et accès	
Lien vers le document	<a href="#"><u>principales publications.docx</u></a>
<b>Accès</b>	
Charte d'accès aux données (convention de mise à disposition, format de données et délais de mise à disposition)	Calls for analyses project on InVS website + selection committee established for ENNS.
Accès aux données agrégées	Access on specific project only
Accès aux données individuelles	Access on specific project only