

# Bien-être - Cross-sectional study on health and well-being in the general population

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Last update : 10/19/2017 | Version : 1 | ID : 73212

| General  |  |
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| Identification   |  |
| Detailed name  | Cross-sectional study on health and well-being in the general population |
| Sign or acronym  | Bien-être  |
| CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation | CNIL   |
| General Aspects  |  |
| Medical area   | General practice   |
| Health determinants  | Climate<br>Intoxication<br>Pollution                                     |
| Keywords   | well-being, air quality, climate, health, water, pollution, environment  |
| Scientific investigator(s) (Contact)   |  |
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| Name of the director   | Ferrer   |
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| Organization   | ASEF  |
| Collaborations   |   |
| Funding  |   |
| Funding status   | Private   |
| Details  | ASEF  |
| Governance of the database   |   |
| Sponsor(s) or organisation(s) responsible                              | ASEF  |
| Organisation status  | Private   |
| Additional contact   |   |
| Main features  |   |
| Type of database   |   |
| Type of database   | Study databases   |
| Study databases (details)  | Not-repeated cross-sectional studies (except case control studies)  |
| Database recruitment is carried out as part of an interventional study | No  |
| Additional information regarding sample selection.                     | ASEF took to the streets of Aix-en-Provence to submit its questionnaire to 1,000 inhabitants  |
| Database objective   |   |
| Main objective   | Understand prevention needs to improve the daily lives of our patients  |
| Inclusion criteria   | People volunteering to participate in the study   |
| Population type  |   |
| Age  | Adulthood (19 to 24 years)<br>Adulthood (25 to 44 years)<br>Adulthood (45 to 64 years)<br>Elderly (65 to 79 years)<br>Great age (80 years and more) |

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| Population covered                           | General population  |
| Pathology                                    |   |
| Gender                                       | Male<br>Woman   |
| Geography area                               | Local   |
| French regions covered by the database       | Provence - Alpes - Côte d'Azur  |
| Detail of the geography area                 | Aix en provence   |
| Data collection                              |   |
| Dates  |   |
| Date of first collection (YYYY or MM/YYYY)   | 2010  |
| Size of the database                         |   |
| Size of the database (number of individuals) | [500-1000[ individuals  |
| Details of the number of individuals         | 1000  |
| Data   |   |
| Database activity                            | Data collection completed   |
| Type of data collected                       | Declarative data  |
| Declarative data (detail)                    | Face to face interview  |
| Details of collected declarative data        | Sociodemographic data, questions about well-being (perception, potential improvements, quality of life). Perception of pollution, questions about sleep, taking medication (anxiety, sleep, stress, etc.), social relationships |
| Presence of a biobank                        | No  |
| Health parameters studied                    | Quality of life/health perception   |
| Procedures                                   |   |
| Participant monitoring                       | No  |
| Followed pathology                           |   |

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|---|---|
| Links to administrative sources   | No  |
| Promotion and access  |   |
| Promotion   |   |
| Link to the document  | <a href="http://www.asef-asso.fr/attachments/article/806/Dossier%20de%20presse%20%C3%A9tude%20bien%20%C3%AAtre%20invit%C3%A9s%20bd%20.pdf">http://www.asef-asso.fr/attachments/article/806/Dossier%20de%20presse%20%C3%A9tude%20bien%20%C3%AAtre%20invit%C3%A9s%20bd%20.pdf</a> |
| Access  |   |
| Terms of data access (charter for data provision, format of data, availability delay) | Contact the scientist in charge   |
| Access to aggregated data   | Access on specific project only   |
| Access to individual data   | Access on specific project only   |