

# - Cross-sectional study of young adults: the psychological dimension of food behaviour measured by the TFEQ questionnaire

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## General

### Identification

Detailed name Cross-sectional study of young adults: the psychological dimension of food behaviour measured by the TFEQ questionnaire

CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation

CNIL

### General Aspects

Medical area Endocrinology and metabolism  
General practice

Pathology (details) Eating disorder

Health determinants Lifestyle and behavior  
Nutrition  
Social and psychosocial factors

Keywords Dietary behaviour, TFEQ, nutrition, young adults, BMI, sociodemographic data

### Scientific investigator(s) (Contact)

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Organization	AgroParisTech
<b>Collaborations</b>	
<b>Funding</b>	
Funding status	Mixed
Details	AgroParisTech, Inra, Kraft Foods Europe-R & D Biscuit, Polytech Paris-UMPC, ANR
<b>Governance of the database</b>	
Sponsor(s) or organisation(s) responsible	AgroParisTech
Organisation status	Private
<b>Additional contact</b>	
<b>Main features</b>	
<b>Type of database</b>	
Type of database	Study databases
Study databases (details)	Not-repeated cross-sectional studies (except case control studies)
Database recruitment is carried out by an intermediary	A population file
Database recruitment is carried out as part of an interventional study	Yes
Details	Performed at individual level
Additional information regarding sample selection.	Participants were selected by quotas to ensure the representativeness of the French population. Determination of quotas was based on the distribution of the National Institute of Statistics and Economics (INSEE) of cross references: sex × region × age
<b>Database objective</b>	
Main objective	The objectives of the study are to characterise the psychological dimensions of French eating behaviour, measured by the Three Factor Eating

Questionnaire (TFEQ) and to analyse the association between the mean score of the 3 TFEQ (main scales and sub-scales) and equability, the body mass index (BMI) and the sociodemographic data of this population.

Inclusion criteria

Adult aged 20-39 years on a volunteer list and randomly selected

## Population type

Age

Adulthood (19 to 24 years)  
Adulthood (25 to 44 years)

Population covered

General population

Pathology

Gender

Male  
Woman

Geography area

National

Detail of the geography area

France

## Data collection

Dates

Size of the database

Size of the database (number of individuals)

[500-1000[ individuals

Details of the number of individuals

1000

Data

Database activity

Data collection completed

Type of data collected

Declarative data

Declarative data (detail)

Internet self-questionnaire

Details of collected declarative data

Sociodemographic data on: (i) their identity (sex, age, weight, height, marital status, average number of people per household), (ii) their home (post code, town, urban or rural area, size of urban area, size of dwelling); (iii) their work and socio-professional status; (iv) their income and level of education.  
TFEQ questionnaire, Weight, Height

Presence of a biobank No

Health parameters studied Health event/morbidity

## Procedures

Data collection method Sphinx Software

Participant monitoring No

Followed pathology

Links to administrative sources No

## Promotion and access

### Promotion

Link to the document <http://www.ncbi.nlm.nih.gov/pubmed/22664302>

### Access

Terms of data access (charter for data provision, format of data, availability delay) Contact the scientist in charge

Access to aggregated data Access on specific project only

Access to individual data Access on specific project only