

# ENSE - Cross-sectional study among students: specific life habits and health behaviours

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## General

### Identification

Detailed name Cross-sectional study among students: specific life habits and health behaviours

Sign or acronym ENSE

CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation

CNIL

### General Aspects

Medical area General practice

Health determinants Addictions  
Healthcare system and access to health care services  
Lifestyle and behavior  
Medicine  
Nutrition  
Occupation  
Social and psychosocial factors

Keywords economic situation, social situation, lifestyle, students, behaviour, health, living conditions

### Scientific investigator(s) (Contact)

Name of the director Chiltz

Surname Chloé

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Unit Direction Santé Prévention

Organization LMDE

## Collaborations

Participation in projects, networks and consortia Yes

Details The current member organisations of the observatory are: - la Mutuelle des Etudiants (LMDE), - la Mutuelle Générale de l'Education Nationale (MG EN), - la Fédération des Mutuelles de France (FMF), - l'Union Nationale des Etudiants de France (UNEF), - l'Union Nationale des Lycéens (UNL), - la Fédération des Conseils des Parents d'Élèves (FCPE), - la Fondation de l'avenir, - la Fondation Santé des Etudiants de France (FSEF)

## Funding

Funding status Private

Details LMDE

## Governance of the database

Sponsor(s) or organisation(s) responsible LMDE

Organisation status Private

## Additional contact

## Main features

### Type of database

Type of database Study databases

Study databases (details) Repeated cross-sectional studies (except case control studies)

Database recruitment is carried out by an intermediary An administrative base or a register

Base or register (detail) LMDE members and affiliates

Database recruitment is carried out as part of an interventional study Yes

Additional information regarding sample selection. Random selection from LMDE members and affiliates

### Database objective

Main objective	The purpose of the survey is to identify and understand specific life habits and health behaviours of students, as well as to better target preventive needs.
Inclusion criteria	Individuals who are LMDE members and affiliates. Random selection
<b>Population type</b>	
Age	Adolescence (13 to 18 years) Adulthood (19 to 24 years)
Population covered	General population
<b>Pathology</b>	
Gender	Male Woman
Geography area	National
Detail of the geography area	France
<b>Data collection</b>	
<b>Dates</b>	
Date of first collection (YYYY or MM/YYYY)	2005
Date of last collection (YYYY or MM/YYYY)	2014
<b>Size of the database</b>	
Size of the database (number of individuals)	Greater than 20 000 individuals
Details of the number of individuals	20 400 (2011)
<b>Data</b>	
Database activity	Data collection completed
Type of data collected	Declarative data
Declarative data (detail)	Paper self-questionnaire Phone interview
Details of collected declarative	8 themes: their living conditions, - their health

data	condition and their utilisation of care, - their mental health, - their consumption of tobacco, alcohol, cannabis and other products, - their emotional and sexual life, - their dietary habits, - their pace of life, - their leisure
Presence of a biobank	No

Health parameters studied	Health event/morbidity Health care consumption and services Quality of life/health perception
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Care consumption (detail)	Medical/paramedical consultation
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## Procedures

Participant monitoring	No
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Followed pathology	
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Links to administrative sources	No
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## Promotion and access

### Promotion

Link to the document	<a href="http://www.lmde.com/securite-sociale-et-sante-des-etudiants/lexpertise-sante-de-la-lmde.html">http://www.lmde.com/securite-sociale-et-sante-des-etudiants/lexpertise-sante-de-la-lmde.html</a>
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### Access

Terms of data access (charter for data provision, format of data, availability delay)	To be defined
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Access to aggregated data	Access on specific project only
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Access to individual data	Access on specific project only
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