EVALADD - Follow-Up of a Cohort of Subjects with Behavioural Addiction and Starting Treatment at the Nantes University **Hospital Addiction Treatment Department**

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General		
Identification		
Detailed name	Follow-Up of a Cohort of Subjects with Behavioural Addiction and Starting Treatment at the Nantes University Hospital Addiction Treatment Department	
Sign or acronym	EVALADD	
CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation	GNEDS: 04/02/2012 ? CCTIRS: 21/11/2012 ? CNIL: 09/10/2013	
General Aspects		
Medical area	Psychology and psychiatry	
Health determinants	Addictions Healthcare system and access to health care services Lifestyle and behavior Social and psychosocial factors	
Keywords	behavioural addition, psychiatric comorbidities, personality, impulsiveness, treatment	
Scientific investigator(s) (Contact)		
Name of the director	Grall-Bronnec	
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Email marie.bronnec@chu-nantes.fr Unit Addiction Treatment and Psychiatry Liaison Department/Clinical Investigation Unit (CIU) 18 (Nantes University Department): Behavioural Addictions and Complex Mood Disorders; EA 4275 SPHERE: Biostatistics, Pharmacoepidemiology and Subjective Measures in Health Sciences? Nantes University Organization Nantes University Hospital Collaborations Participation in projects, Yes networks and consortia **Details** EA 4275 SPHERE: Biostatistics. Pharmacoepidemiology and Subjective Measures in Health Sciences ? Nantes University **Funding** Funding status **Public Details PHRC 2011** Governance of the database Sponsor(s) or organisation(s) Nantes University Hospital - Federative Institute of Behavioral Addictions (IFAC) - Behavioural responsible Addictions and Complex Mood Disorders Unit **Public** Organisation status Presence of scientific or No steering committees Additional contact Main features Type of database Type of database Study databases Study databases (details) Cohort study A selection of health institutions and services Database recruitment is carried out by an intermediary Database recruitment is is made Another treatment or procedure

on the basis of:

Database recruitment is carried out as part of an interventional study

No

Additional information regarding sample selection.

A cohort was created on 17/11/2015 that included: 232 pathological gambling patients;

62 excessive-gaming patients;

90 sex addiction patients;

370 patients with eating disorders;

29 patients with various behavioural addictions (work, clairvoyants, market trading, etc.).

Database objective

Main objective

The main aim is to better understand the specific factors of addiction (risk factors for the onset of the disorder, prognostic factors related to disorder trajectory), and to improve therapeutic strategies and preventative actions. We also seek to develop several lines of research based on the concept of? Patient-Centered Outcomes Research?, putting the patient at each stage of the research process, which specifically apply to our area of activity (patient preferences, quality of life, etc.).

Inclusion criteria

The cohort population consisted of patients covered by a social security scheme; who are over 16 years old and beginning treatment for behavioural addition at the Addiction Treatment and Psychiatry Liaison Department at Nantes University Hospital. Patients must meet the diagnostic criteria for one of the behavioural addictions included in the study and given their informed consent to be included in the cohort. Legal representatives (parents, guardians, etc.) must also give their consent for minors and legally incompetent adults. Patient with higher mental function disorders or difficulty reading and writing in French, as well as patients under guardianship are not included in the study.

Population type

Age

Adolescence (13 to 18 years) Adulthood (19 to 24 years) Adulthood (25 to 44 years) Adulthood (45 to 64 years) Elderly (65 to 79 years)

Population covered

Sick population

Gender	Male Woman
Geography area	Regional
French regions covered by the database	Pays de la Loire
Detail of the geography area	Patients mainly from Nantes and the Pays de la Loire region.
Data collection	
Dates	
Date of first collection (YYYY or MM/YYYY)	2008
Date of last collection (YYYY or MM/YYYY)	Open-longitudinal study
Size of the database	
Size of the database (number of individuals)	[500-1000[individuals
Details of the number of individuals	780
Data	
Database activity	Current data collection
Type of data collected	Clinical data Declarative data
Clinical data (detail)	Direct physical measures
Declarative data (detail)	Paper self-questionnaire Face to face interview Phone interview
Details of collected declarative data	A multi-axial, systemic, standardised and comprehensive clinical assessment is carried out on each patient at baseline, at 6 months and 1 year, and annually thereafter if the patient agrees (indefinite duration). Data collected during these interviews include data that are common to all behavioural addictions (sociodemographic characteristics, history, psychiatric and addictive comorbidities, life events, compliance data) and data specifically related to each addiction (diagnosis and measurement of disorder severity, behaviour

	characteristics, behavioural function and other associated characteristics).
Presence of a biobank	No
Health parameters studied	Health event/mortality Health care consumption and services Quality of life/health perception
Care consumption (detail)	Hospitalization Medical/paramedical consultation Medicines consumption
Procedures	
Data collection method	Written self-administered questionnaires completed by patients prior to face-to-face interview; ? Written heteroquestionnaires completed during face-to-face interview.
Quality procedure(s) used	The evaluator ensures that the self-administered questionnaire is properly completed during the face-to-face interview? Heteroquestionnaires are entered in an e-CRF by a secretary. Consistency checks are carried out on the e-CRF, and data entry verification is conducted on 10% of records entered.
Participant monitoring	Yes
Details on monitoring of participants	This assessment is carried out in parallel with clinical treatment. It shall be updated, if the patient agrees, at 6 months, 1 year and then all subsequent years that the patient continues, or does not continue, treatment within the department.
Links to administrative sources	No
Promotion and access	
Promotion	
Link to the document	http://je.anaqol.org/index.php? file=editonecontrat.php&idcontratr=49
Access	
Presence of document that lists variables and coding procedures	No
Terms of data access (charter for data provision, format of data, availability delay)	To be decided if data may be used by academic teams. Data may not be used by industrial teams.

Access to aggregated data	Access on specific project only
Access to individual data	Access on specific project only