

# NUTRINET-SANTE - Nutrinet-Health

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Castetbon , USEN

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## General

### Identification

Detailed name Nutrinet-Health

Sign or acronym NUTRINET-SANTE

CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation Receipt date of favourable CNIL opinion: 24/02/2009

### General Aspects

Medical area Cardiology  
Endocrinology and metabolism

Health determinants Nutrition

Keywords Overall and specific mortality, prevention

### Scientific investigator(s) (Contact)

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## Collaborations

## Funding

Funding status	Public
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Details	DGS, INPES, INVS, INSERM INRA, CNAM, FRM
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## Governance of the database

Sponsor(s) or organisation(s) responsible	Institut National de la Santé et de la Recherche Médicale
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Organisation status	Public
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## Additional contact

## Main features

## Type of database

Type of database	Study databases
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Study databases (details)	Cohort study
Database recruitment is carried out by an intermediary	A population file
Database recruitment is carried out as part of an interventional study	No
Additional information regarding sample selection.	Prospective Inclusion cut-off date: 01/05/2013

## Database objective

Main objective	<p>General objective: to understand the relationship between nutrition and health and to investigate factors that determine dietary patterns.</p> <ol style="list-style-type: none"> <li>To study the relationship between nutrient intake, food and dietary patterns as well as: <ul style="list-style-type: none"> <li>- overall and specific mortality (cancer or cardiovascular disease);</li> <li>- The impact of cancer, cardiovascular disease, obesity and excess weight, type 2 diabetes, arterial hypertension, dyslipidemia, metabolic syndrome and quality of life.</li> </ul> </li> <li>To investigate factors that determine dietary patterns (sociological, economical. cultural, biological, etc.), nutritional status and health.</li> <li>To monitor trends in the population's nutrient intake and nutritional status over time.</li> <li>To evaluate the impact of public health campaigns or initiatives (awareness, perception, effectiveness, etc.).</li> </ol>
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Inclusion criteria	Internet users (over 18 years old) who agreed to participate in the study for 5 years (at least) by answering questionnaires on diet (3 dietary records at baseline over 3 weeks) + questionnaires on physical activity + weight, height, + lifestyle + health questionnaire.
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## Population type

Age	<p>Adulthood (19 to 24 years)</p> <p>Adulthood (25 to 44 years)</p> <p>Adulthood (45 to 64 years)</p> <p>Elderly (65 to 79 years)</p>
Population covered	General population
Gender	<p>Male</p> <p>Woman</p>

Geography area	National
Detail of the geography area	France
<b>Data collection</b>	
<b>Dates</b>	
Date of first collection (YYYY or MM/YYYY)	05/2009
Date of last collection (YYYY or MM/YYYY)	05/2014
<b>Size of the database</b>	
Size of the database (number of individuals)	Greater than 20 000 individuals
Details of the number of individuals	120,000
<b>Data</b>	
Database activity	Current data collection
Type of data collected	Declarative data
Declarative data (detail)	Paper self-questionnaire
Details of collected declarative data	Self-administered questionnaire at baseline and every month throughout follow-up. Information recorded by self-administered questionnaire: diet, physical activity, anthropometry, health, sociodemographic information and scorecard questionnaire. Self-administered questionnaire: direct input.
Presence of a biobank	No
Health parameters studied	Health event/morbidity Health event/mortality
<b>Procedures</b>	
Quality procedure(s) used	Consistency request when entering computer data and after recording computer data. Subject reminder for follow-up visits. Internal quality audit each year. Patients are informed about the use of their data.
Participant monitoring	Yes

Details on monitoring of participants

Follow-up duration: 5 years.

Links to administrative sources

Yes

Linked administrative sources (detail)

PMSI, SNIIRAM, CNAV, CépiDc.

## Promotion and access

### Promotion

Link to the document

<http://www.hal.inserm.fr/NUTRINET>

Description

Liste des publications dans HAL

Link to the document

<http://www.ncbi.nlm.nih.gov/pubmed/?term=%28nutrinet%29+OR+nutrinet-sant%C3%A9>

Description

Liste des publications dans Pubmed

### Access

Terms of data access (charter for data provision, format of data, availability delay)

Data may be used by industrial teams;  
Contractual access;  
Data may not be used by industrial teams.

Access to aggregated data

Access on specific project only

Access to individual data

Access on specific project only