# - Barometer on living conditions, health behaviour and mental health of students in Provence-Alpes-Côte d'Azur (PACA) region

Head: Verger Pierre, ORS PACA - UMR912-SESSTIM

Last update: 09/05/2017 | Version: 1 | ID: 4358

|                               |        |                  |   | H |
|-------------------------------|--------|------------------|---|---|
| $\sim$                        | $\sim$ | $\overline{}$    | - | ı |
| <br>$\boldsymbol{\leftarrow}$ |        | $\boldsymbol{-}$ | а | н |
|                               |        |                  |   |   |

### Identification

Detailed name Barometer on living conditions, health behaviour

and mental health of students in Provence-Alpes-

Côte d'Azur (PACA) region

CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation

## **General Aspects**

Medical area General practice

Psychology and psychiatry

Health determinants Addictions

Keywords determinant, consumption, characteristic,

medication, Health, mental health, behaviour, PACA,

prevalence, care

# Scientific investigator(s)

(Contact)

Name of the director Verger

Surname Pierre

Address 23 rue Stanislas Torrents 13006 Marseille France

Phone +33 (0) 491598901

Email pierre.verger@inserm.fr

Unit ORS PACA - UMR912-SESSTIM

Organization Institut national de santé et recherche

#### Collaborations

**Funding** 

| Funding status   | Public   |
|--|--|
| Details  | Conseil régional PACA Mairie de Marseille Institut<br>national de prévention et d'éducation pour la santé<br>INPES   |
| Governance of the database   |  |
| Sponsor(s) or organisation(s) responsible                              | Observatoire régional de santé Provence Alpes Côte<br>d'Azur (ORS PACA), UMR 912 SESSTIM (Sciences<br>Economiques et Sociales de la Santé et Traitement<br>de l'Information Médicale)  |
| Organisation status  | Public   |
| Additional contact   |  |
| Main features  |  |
| Type of database   |  |
| Type of database   | Study databases  |
| Study databases (details)  | Not-repeated cross-sectional studies (except case control studies)   |
| Database recruitment is carried out by an intermediary                 | A selection of health institutions and services  |
| Database recruitment is carried out as part of an interventional study | No   |
| Additional information regarding sample selection.                     | Random survey stratified by seven regional university services for preventive medicine (SMPU) and area of study (science, humanities and social sciences, economics/business, law, medicine/pharmacy, institut universitaire de technologie (IUT), science and techniques of sport and physical activities (STAPS))              |
| Database objective   |  |
| Main objective   | To investigate the prevalence of and factors that determine health behaviour in students. Specific objectives: to investigate the prevalence of and factors associated with psychological distress and certain psychiatric disorders (mood disorders, anxiety disorders and disorders related to use of psychoactive substances) |
| Inclusion criteria   | Enrolled in first year for the first time in one of six  |

universities in the PACA region; Aged between 18 and 24 years old; Students enrolled in distance education and preparatory classes for grandes écoles were excluded

| Population type                              |  |
|--|--|
| Age  | Adulthood (19 to 24 years)   |
| Population covered                           | General population   |
| Gender                                       | Male<br>Woman  |
| Geography area                               | Regional   |
| French regions covered by the database       | Provence - Alpes - Côte d'Azur                                       |
| Detail of the geography area                 | Provence-Alpes-Côte d'Azur (PACA)                                    |
| Data collection                              |  |
| Dates  |  |
| Date of first collection (YYYY or MM/YYYY)   | 11/2005  |
| Date of last collection (YYYY or MM/YYYY)    | 05/2006  |
| Size of the database                         |  |
| Size of the database (number of individuals) | [1000-10 000[ individuals  |
| Details of the number of individuals         | 1723 étudiants   |
| Data   |  |
| Database activity                            | Data collection completed  |
| Type of data collected                       | Clinical data Declarative data Paraclinical data Administrative data |
| Clinical data (detail)                       | Medical registration   |
| Declarative data (detail)                    | Paper self-questionnaire   |

Phone interview

| Paraclinical data (detail)  | MHI-5, sense of mastery (self-control), social support, CAGE, CIDI-Short Form scale adapted for university education (Zorman et al.), use of psychoactive substances, eating habits, beliefs and knowledge concerning different risk behaviours         |
|---|---|
| Administrative data (detail)  | Parents' socioeconomic status, living conditions and student resources  |
| Presence of a biobank   | No  |
| Health parameters studied   | Health event/morbidity<br>Health care consumption and services<br>Quality of life/health perception   |
| Care consumption (detail)   | Medical/paramedical consultation<br>Medicines consumption   |
| Procedures  |   |
| Data collection method  | Self-administered questionnaire distributed to randomly selected students who were invited to attend a preventive health check-up at the SMPU. A reminder was sent by post to absentees. Telephone survey to assess prevalence of psychiatric disorders |
| Participant monitoring  | No  |
| Links to administrative sources   | No  |
| Promotion and access  |   |
| Promotion   |   |
| Access  |   |
| Terms of data access (charter<br>for data provision, format of<br>data, availability delay) | See articles  |
| Access to aggregated data   | Access on specific project only   |
| Access to individual data   | Access on specific project only   |