

# BBMM IN POITOU-CHARENTES - BIEN BOUGER-MIEUX MANAGER (Get Active-Eat Right) in Poitou-Charentes

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## General

### Identification

Detailed name BIEN BOUGER-MIEUX MANAGER (Get Active-Eat Right) in Poitou-Charentes

Sign or acronym BBMM IN POITOU-CHARENTES

CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation Accord CNIL

### General Aspects

Medical area Endocrinology and metabolism

Health determinants Addictions  
Genetic  
Nutrition  
Social and psychosocial factors

Others (details) Excess weight, obesity

Keywords snacking, inactivity, assessment, recommendation, health programme, eating, Health episodes, physical activity, diet, prevalence, nutrition

### Scientific investigator(s) (Contact)

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Organization ARS

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## Collaborations

## Funding

Funding status Public

Details Inpes, ARS Poitou-Charentes

## Governance of the database

Sponsor(s) or organisation(s) responsible Rectorat de Poitiers

Organisation status Public

## Additional contact

## Main features

## Type of database

Type of database Study databases

Study databases (details) Cohort study

Database recruitment is carried out by an intermediary A population file

Database recruitment is carried out as part of an interventional study Yes

Details Performed at group level (clusters)

Additional information regarding sample selection. Prospective Number of required subjects: [1,000-5,000]

## Database objective

Main objective General objective: to halt the increase in the of prevalence of excess weight and obesity in secondary school children, who are monitored from

6th class (6e) to 3rd year (3e), in the Poitou-Charentes region - to assess physical and sports activities and the time 6th class (6e) and 3rd year (3e) students (n + 4) spend doing these activities; - to evaluate meal structure and food consumption over 24 hrs in accordance with the French National Nutrition and Health Program (PNNS).

Inclusion criteria	Secondary school students from 32 institutions volunteering to participate in the programme (2 classes per institution). Secondary school students from 32 other randomly selected establishments (2 classes per institution)
<b>Population type</b>	
Age	Childhood (6 to 13 years) Adolescence (13 to 18 years)
Population covered	General population
Gender	Male Woman
Geography area	Regional
French regions covered by the database	Aquitaine Limousin Poitou-Charentes
Detail of the geography area	Poitou-Charentes Region
<b>Data collection</b>	
<b>Dates</b>	
Date of first collection (YYYY or MM/YYYY)	09/2007
Date of last collection (YYYY or MM/YYYY)	06/2010
<b>Size of the database</b>	
Size of the database (number of individuals)	[1000-10 000] individuals
Details of the number of individuals	4993
<b>Data</b>	
Database activity	Data collection completed

Type of data collected	Clinical data Declarative data
Clinical data (detail)	Direct physical measures Medical registration
Declarative data (detail)	Paper self-questionnaire
Presence of a biobank	No
Health parameters studied	Health event/morbidity Quality of life/health perception
<b>Procedures</b>	
Data collection method	Questionnaires before and after involvement: pupils in 6th class (6e) during academic year 2006-2007 and the same pupils in 3rd year (3e) (or second year if repeating) during 2009-2010.
Participant monitoring	Yes
Details on monitoring of participants	Follow-up duration: 4 years
Links to administrative sources	No
<b>Promotion and access</b>	
<b>Promotion</b>	
Link to the document	<a href="http://www.ors-poitou-charentes.org/pdf/j1AdsLRapport-BBMM.pdf">http://www.ors-poitou-charentes.org/pdf/j1AdsLRapport-BBMM.pdf</a>
Link to the document	<a href="http://www.slideserve.com/carrie/bien-bouger-mieux-manger-en-poitou-charentes">http://www.slideserve.com/carrie/bien-bouger-mieux-manger-en-poitou-charentes</a>
<b>Access</b>	
Terms of data access (charter for data provision, format of data, availability delay)	Data may not be used by academic teams. Data may not be used by industrial teams.
Access to aggregated data	Access on specific project only
Access to individual data	No access