

# BBMM IN POITOU-CHARENTES - BIEN BOUGER-MIEUX MANAGER (Get Active-Eat Right) in Poitou-Charentes

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Roux , MÉDECIN CONSEILLER DU RECTEUR DE POITIERS

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General	
Identification	
Detailed name	BIEN BOUGER-MIEUX MANAGER (Get Active-Eat Right) in Poitou-Charentes
Sign or acronym	BBMM IN POITOU-CHARENTES
CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation	Accord CNIL
General Aspects	
Medical area	Endocrinology and metabolism
Health determinants	Addictions Genetic Nutrition Social and psychosocial factors
Others (details)	Excess weight, obesity
Keywords	snacking, inactivity, assessment, recommendation, health programme, eating, Health episodes, physical activity, diet, prevalence, nutrition
Scientific investigator(s) (Contact)	
Name of the director	Giraud
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Unit	Observatoire Régional de la Santé de Poitou-

Charentes

Organization

ARS

Name of the director

Roux

Address

86000 POITIERS

Unit

MÉDECIN CONSEILLER DU RECTEUR DE POITIERS

Collaborations

Funding

Funding status

Public

Details

Inpes, ARS Poitou-Charentes

Governance of the database

Sponsor(s) or organisation(s) responsible

Rectorat de Poitiers

Organisation status

Public

Additional contact

Main features

Type of database

Type of database

Study databases

Study databases (details)

Cohort study

Database recruitment is carried out by an intermediary

A population file

Database recruitment is carried out as part of an interventional study

Yes

Details

Performed at group level (clusters)

Additional information regarding sample selection.

Prospective Number of required subjects: [1,000-5,000]

Database objective

Main objective

General objective: to halt the increase in the of prevalence of excess weight and obesity in secondary school children, who are monitored from

6th class (6e) to 3rd year (3e), in the Poitou-Charentes region - to assess physical and sports activities and the time 6th class (6e) and 3rd year (3e) students (n + 4) spend doing these activities; - to evaluate meal structure and food consumption over 24 hrs in accordance with the French National Nutrition and Health Program (PNNS).

Inclusion criteria	Secondary school students from 32 institutions volunteering to participate in the programme (2 classes per institution). Secondary school students from 32 other randomly selected establishments (2 classes per institution)
Population type	
Age	Childhood (6 to 13 years) Adolescence (13 to 18 years)
Population covered	General population
Gender	Male Woman
Geography area	Regional
French regions covered by the database	Aquitaine Limousin Poitou-Charentes
Detail of the geography area	Poitou-Charentes Region
Data collection	
Dates	
Date of first collection (YYYY or MM/YYYY)	09/2007
Date of last collection (YYYY or MM/YYYY)	06/2010
Size of the database	
Size of the database (number of individuals)	[1000-10 000] individuals
Details of the number of individuals	4993
Data	
Database activity	Data collection completed

Type of data collected	Clinical data Declarative data
Clinical data (detail)	Direct physical measures Medical registration
Declarative data (detail)	Paper self-questionnaire
Presence of a biobank	No
Health parameters studied	Health event/morbidity Quality of life/health perception
<b>Procedures</b>	
Data collection method	Questionnaires before and after involvement: pupils in 6th class (6e) during academic year 2006-2007 and the same pupils in 3rd year (3e) (or second year if repeating) during 2009-2010.
Participant monitoring	Yes
Details on monitoring of participants	Follow-up duration: 4 years
Links to administrative sources	No
<b>Promotion and access</b>	
<b>Promotion</b>	
Link to the document	<a href="http://www.ors-poitou-charentes.org/pdf/j1AdsLRapport-BBMM.pdf">http://www.ors-poitou-charentes.org/pdf/j1AdsLRapport-BBMM.pdf</a>
Link to the document	<a href="http://www.slideserve.com/carrie/bien-bouger-mieux-manger-en-poitou-charentes">http://www.slideserve.com/carrie/bien-bouger-mieux-manger-en-poitou-charentes</a>
<b>Access</b>	
Terms of data access (charter for data provision, format of data, availability delay)	Data may not be used by academic teams. Data may not be used by industrial teams.
Access to aggregated data	Access on specific project only
Access to individual data	No access