

# POLA - Longitudinal Study on Age-Related Eye Diseases

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## General

### Identification

Detailed name Longitudinal Study on Age-Related Eye Diseases

Sign or acronym POLA

### General Aspects

Medical area Ophthalmology

Health determinants Nutrition

Keywords antioxidants

### Scientific investigator(s) (Contact)

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Unit Centre de Recherche Inserm U897 "Epidémiologie et  
Biostatistiques"

Organization INSERM

### Collaborations

### Funding

Funding status Mixed

Details Inserm, Fondation de France, Medical Research  
Foundation, Languedoc-Roussillon Region, Retina-  
France Association, Rhône Poulenc, Essilor, Specia,  
Centre for Nutritional Research and Studies (CERIN)

### Governance of the database

|  |   |
|--|---|
| Sponsor(s) or organisation(s) responsible                              | INSERM  |
| Organisation status  | Public  |
| <b>Additional contact</b>  |   |
| <b>Main features</b>   |   |
| <b>Type of database</b>  |   |
| Type of database   | Study databases   |
| Study databases (details)  | Longitudinal study (except cohorts)   |
| Database recruitment is carried out by an intermediary                 | A selection of health institutions and services   |
| Database recruitment is carried out as part of an interventional study | No  |
| <b>Database objective</b>  |   |
| Main objective   | To investigate risk factors of age-related eye diseases (Age-Related Macular Degeneration (AMD), cataracts) |
| Inclusion criteria   | Elderly people over 60 years of age living in Sète (Hérault)  |
| <b>Population type</b>   |   |
| Age  | Elderly (65 to 79 years)<br>Great age (80 years and more)   |
| Population covered   | General population  |
| Gender   | Male<br>Woman   |
| Geography area   | Local   |
| French regions covered by the database                                 | Languedoc-Roussillon Midi-Pyrénées  |
| Detail of the geography area   | Sète  |
| <b>Data collection</b>   |   |
| <b>Dates</b>   |   |

Date of first collection (YYYY or MM/YYYY) 1995

Date of last collection (YYYY or MM/YYYY) 2003

## Size of the database

Size of the database (number of individuals) [1000-10 000[ individuals

Details of the number of individuals 2584

## Data

Database activity Data collection completed

Type of data collected  
Clinical data  
Declarative data  
Biological data

Clinical data (detail) Medical registration

Declarative data (detail) Paper self-questionnaire  
Face to face interview

Biological data (detail) Blood lipids, glucose, vitamins A, C and E, anti-oxidant enzymes, inflammation parameters, renal function

Presence of a biobank No

Health parameters studied Health event/morbidity  
Health event/mortality  
Quality of life/health perception

## Procedures

Participant monitoring Yes

Details on monitoring of participants Follow-up over 3 years

Links to administrative sources No

## Promotion and access

### Promotion

Link to the document [https://hal.archives-ouvertes.fr/search/index/?qa\[text\]=pola&qa\[auth\\_t\]=delcourt&submit\\_adv](https://hal.archives-ouvertes.fr/search/index/?qa[text]=pola&qa[auth_t]=delcourt&submit_adv)

[anced=Rechercher](#)

Description

List of publications in HAL

Link to the document

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Description

List of publications in Pubmed

## Access

Terms of data access (charter for data provision, format of data, availability delay)

By request to scientist in charge

Access to aggregated data

Access on specific project only

Access to individual data

Access on specific project only