

# EVALHOSPITAM OR EVHAN - Evaluation of hospitalisation for patients with anorexia nervosa: Efficacy of treatment and research predictive outcome factors

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General	
Identification	
Detailed name	Evaluation of hospitalisation for patients with anorexia nervosa: Efficacy of treatment and research predictive outcome factors
Sign or acronym	EVALHOSPITAM OR EVHAN
CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation	CNIL : 25/09/2009
General Aspects	
Medical area	Psychology and psychiatry
Health determinants	Addictions Nutrition Social and psychosocial factors
Keywords	clinical outcome, Morgan and Russell scale, body mass index, menstruation, somatic complications, psychiatric complications, social adjustment, treatment received, Health episodes, mortality
Scientific investigator(s) (Contact)	
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Organization	INSERM - Institut National de Santé et Recherche
Collaborations	
Funding	
Funding status	Mixed
Details	Contrat d'interface INSERM, PHRC 2006, ANR JEUNE CHERCHEUR 2007, CNAM, contrat CIFRE, bourse EIFFEL, fondation de France
Governance of the database	
Sponsor(s) or organisation(s) responsible	INSTITUT MUTUALISTE MONSOURIS
Organisation status	Public
Additional contact	
Main features	
Type of database	
Type of database	Study databases
Study databases (details)	Longitudinal study (except cohorts)
Database recruitment is carried out by an intermediary	A selection of health institutions and services
Database recruitment is carried out as part of an interventional study	No
Additional information regarding sample selection.	Prospective Other bodies active in creating this cohort: CHU AND CHG and research laboratory. Closing date for inclusion: 01/03/2010
Database objective	
Main objective	General objective: to evaluate the impact (efficacy) of five different inpatient treatment modalities for anorexia nervosa. Individual global health outcome (physical, psychiatric, nutritional and social) will be measured on a short-term basis (on discharge), as well as hospital treatment meeting or exceeding statutory charges on a medium term basis (12 months), taking into account confounding factors and recognised prognostic factors. Global health is evaluated using the Morgan and Russell scale as

well as secondary criteria for deteriorating health (see evaluation criteria methodology). Secondary objectives: - to determine predictive factors for failures in inpatient treatment, duration of hospitalisation, and treatment costs using clinical epidemiology methodology. - to begin a long-term prospective study to evaluate the psychological, physical, nutritional and social outcome of a homogeneous cohort of subjects suffering from severe anorexia nervosa. - two "ancillary" biological sub-projects: - to evaluate the development of depressive and anxiety symptoms in relation to changes in clinical nutritional status and serotonin markers - to evaluate cellular immunity development in relation to changes in clinical nutrition.

#### Inclusion criteria

- Patients between 8 and 65 years old; - patients hospitalised for anorexia nervosa (who only receive treatment by necessity of somatic condition: rapid weight loss, or significantly underweight with a BMI of less than 15, or their psychological condition), as well as parents of minor and adult patients still living at home; - obtained written consent; - patients not covered by social security health insurance.

#### Population type

Age  
 Childhood (6 to 13 years)  
 Adolescence (13 to 18 years)  
 Adulthood (19 to 24 years)  
 Adulthood (25 to 44 years)  
 Adulthood (45 to 64 years)

Population covered      Sick population

Gender      Male  
 Woman

Geography area      National

Detail of the geography area      Multicentric cohort throughout France (11 centres):  
 Île-de-France: 6 centres, Bordeaux: 2 centres,  
 Nantes: 1 centre, Rouen: 1 centre, Saint-Étienne: 1  
 centre.

#### Data collection

##### Dates

Date of first collection (YYYY or MM/YYYY)      03/2009

Date of last collection (YYYY or MM/YYYY)      03/2010

MM/YYYY)

## Size of the database

Size of the database (number of individuals) < 500 individuals

Details of the number of individuals 180

## Data

Database activity Data collection completed

Type of data collected Declarative data  
Biological data

Declarative data (detail) Face to face interview

Biological data (detail) Type of samples collected: all analysis during hospitalisation (standard protocol), serotonin, tryptophan, CD4/CD8.

Presence of a biobank No

Health parameters studied Health event/morbidity  
Health event/mortality

## Procedures

Data collection method Self-administered questionnaire: direct input  
Interview: direct input Clinical examinations: direct input  
Biological analysis: direct input

Participant monitoring Yes

Details on monitoring of participants (Indefinite duration)

Links to administrative sources Yes

Linked administrative sources (detail) CépiDc

## Promotion and access

### Promotion

Link to the document <http://tinyurl.com/Hal-EVALHOSPITAM-EVHAN>

Description Liste des publications dans HAL

Link to the document

[http://www.ncbi.nlm.nih.gov/pubmed/?term=EVALHOSPITAM+OR+EVHAN+OR+22378228\[uid\]](http://www.ncbi.nlm.nih.gov/pubmed/?term=EVALHOSPITAM+OR+EVHAN+OR+22378228[uid])

Description

Liste des publications dans Pubmed

## Access

Terms of data access (charter for data provision, format of data, availability delay)

To be decided if data may be used by academic teams. Data may not be used by industrial teams.

Access to aggregated data

Access on specific project only

Access to individual data

Access on specific project only