## **PRALIMAP - Promotion of Healthy Eating and Physical Activity**

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General	
Identification	
Detailed name	Promotion of Healthy Eating and Physical Activity
Sign or acronym	PRALIMAP
CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation	n°906312
General Aspects	
Medical area	General practice
Health determinants	Nutrition
Keywords	Major health events observed: Frequency of obesity and excess weight, awareness, adolescent attitudes and behaviours regarding food and physical activity, corpulence
Scientific investigator(s) (Contact)	
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Unit	ECOLE DE SANTÉ PUBLIQUE - NANCY UNIVERSITÉ LABORATOIRE EA4003
Collaborations	
Funding	
Funding status	Mixed

Details	ARH Lorraine, Conseil Régional de Lorraine, DRASS de Lorraine, GRSP de Lorraine, Fondation Coeurs et Artères, Fondation Wyeth, Ministère de l'enseignement supérieur et de la recherche, Inca, IRESP, Régime local d'assurance maladie d'Alsace Lorraine and Urcam de Lorraine.
Governance of the database	
Sponsor(s) or organisation(s) responsible	CONSERVATOIRE NATIONAL DES ARTS ET MÉTIERS (CNAM)
Organisation status	Public
Additional contact	
Main features	
Type of database	
Type of database	Study databases
Study databases (details)	Cohort study
Database recruitment is carried out by an intermediary	A population file
Database recruitment is carried out as part of an interventional study	No
Additional information regarding sample selection.	Prospective Number of required subjects: [5,000-10,000]
Database objective	
Main objective	General objective: The general objective is to evaluate the impact of three intervention strategies, to develop individual skills, to identify and support those at risk, to create a favourable environment, alone or by association, regarding awareness, attitudes and behaviour of adolescents towards food and physical activity and to measure corpulence using anthropometric markers.  Secondary objectives: - To assess the feasibility of implementing each strategy in secondary schools; - To analyse the psychological and sociological factors involved in adherence and the success or failure of the implemented actions.
Inclusion criteria	Students in administrative secondary schools in Meurthe-et-Moselle, Meuse, Moselle and Vosges.

Population type	
Age	Childhood (6 to 13 years) Adolescence (13 to 18 years)
Population covered	General population
Gender	Male Woman
Geography area	Regional
French regions covered by the database	Alsace Champagne-Ardenne Lorraine
Detail of the geography area	Multicentric cohort throughout the Lorraine region (24 centres)
Data collection	
Dates	
Date of first collection (YYYY or MM/YYYY)	09/2006
Date of last collection (YYYY or MM/YYYY)	12/2009
Size of the database	
Size of the database (number of individuals)	[1000-10 000[ individuals
Details of the number of individuals	5590
Data	
Database activity	Data collection completed
Type of data collected	Clinical data Declarative data
Clinical data (detail)	Direct physical measures Medical registration
Declarative data (detail)	Paper self-questionnaire
Presence of a biobank	No
Health parameters studied	Health event/morbidity Health event/mortality

Procedures	
Data collection method	Self-administered questionnaire: manual input Clinical examinations: manual input
Participant monitoring	Yes
Details on monitoring of participants	Follow-up duration: 2 years
Links to administrative sources	Yes
Linked administrative sources (detail)	NANCY METZ Academy Rectorate
Promotion and access	
Promotion	
TTOMOCION	
Link to the document	http://tinyurl.com/HAL-PRALIMAP
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Access on specific project only

Access to individual data