

# ELSE [TS1C] - Etude Longitudinale sur la Santé des Etudiants [Ta Santé en un Clic]

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Last update : 07/13/2012 | Version : 2 | ID : 3237

## General

### Identification

Detailed name Etude Longitudinale sur la Santé des Etudiants [Ta Santé en un Clic]

Sign or acronym ELSE [TS1C]

CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation

1353247

### General Aspects

Medical area General practice

Health determinants Addictions  
Lifestyle and behavior  
Medicine  
Nutrition  
Occupation  
Social and psychosocial factors

Keywords at-risk behaviors, student health, cohort studies, tobacco, alcohol, physical activity, sleep, prevention, cannabis, cyber-addiction, nutrition, stress

### Scientific investigator(s) (Contact)

Name of the director Ladner

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Unit	U1073 Inserm (laboratoire ADEN)Unité Nutrition Clinique
Organization	CHU de

## Collaborations

### Funding

Funding status	Mixed
Details	INCA, CHU de Rouen, Ligue contre le cancer, Sanofi Aventis.

## Governance of the database

Sponsor(s) or organisation(s) responsible	CHU de Rouen
Organisation status	Public
Sponsor(s) or organisation(s) responsible	INSERM U1073, ADEN, Université de Rouen
Organisation status	Private

## Additional contact

### Main features

#### Type of database

Type of database	Study databases
Study databases (details)	Longitudinal study (except cohorts)
Database recruitment is carried out by an intermediary	A population file
Database recruitment is carried out as part of an interventional study	No

Additional information regarding sample selection.	A mandatory medical examination during the first year of university makes it possible to make students aware of the "Your health in a Click" project and the setting up of the cohort. An informative note for students, explaining the unfolding and the interest in joining the study is distributed during the venue of students for university preventive medicine (medical visit or other). On this occasion, a questionnaire will be proposed to be completed while students are waiting.
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## Database objective

Main objective	<ul style="list-style-type: none"><li>- evaluate the behaviors at risk for the health of students from Upper Normandy,</li><li>- evaluate the impact of preventive actions with the change in behavior of these students,</li><li>- identify the periods at risk during the university curriculum,</li><li>- identify the university orientations that are most sensitive to the development of risks for health.</li></ul>
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Inclusion criteria	Students of faculties/schools/IUT (post-high school) of Upper Normandy
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## Population type

Age	Adolescence (13 to 18 years) Adulthood (19 to 24 years)
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Population covered	General population
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Gender	Male Woman
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Geography area	Regional
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French regions covered by the database	Normandie
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Detail of the geography area	Upper Normandy
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## Data collection

### Dates

Date of first collection (YYYY or MM/YYYY)	2011
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Date of last collection (YYYY or MM/YYYY)	2015
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## Size of the database

Size of the database (number of individuals) [500-1000[ individuals

Details of the number of individuals 921 (10/05/2012)

## Data

Database activity Current data collection

Type of data collected Declarative data

Declarative data (detail) Paper self-questionnaire

Presence of a biobank No

Health parameters studied Health event/morbidity  
Health care consumption and services  
Quality of life/health perception

Care consumption (detail) Medicines consumption

## Procedures

Data collection method After their recruiting, the students are solicited every 6 months by email and/or telephone by the project manager in order to respond to an online questionnaire on the themes of addiction, nutrition, sleep disorders, stress and depression.

Participant monitoring Yes

Details on monitoring of participants Every 6 months, an online self-questionnaire on the same things mentioned is completed by each student.

Links to administrative sources No

## Promotion and access

### Promotion

Link to the document <http://www.tasanteenuncllc.org/>

Link to the document [affiche ts1c else.jpg](http://www.tasanteenuncllc.org/affiche_ts1c_else.jpg)

Link to the document <http://tinyurl.com/PUBMED-ELSE>

Description Liste des publications dans Pubmed

## Access

Terms of data access (charter for data provision, format of data, availability delay)

Methods of access are currently being defined.

Access to aggregated data

Access on specific project only

Access to individual data

Access on specific project only