# FACTORS INFLUENCING COMPLIANCE WITH OUTPATIENT EXERCISE TRAINING - FACTORS INFLUENCING COMPLIANCE WITH OUTPATIENT EXERCISE TRAINING FOR PATIENTS SUFFERING FROM COPD IN THE COVID-19 PANDEMIC CONTEXT

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General	
Identification	
Detailed name	FACTORS INFLUENCING COMPLIANCE WITH OUTPATIENT EXERCISE TRAINING FOR PATIENTS SUFFERING FROM COPD IN THE COVID-19 PANDEMIC CONTEXT
Sign or acronym	FACTORS INFLUENCING COMPLIANCE WITH OUTPATIENT EXERCISE TRAINING
General Aspects	
Medical area	Physical medicine and rehabilitation Pneumology
Study in connection with Covid- 19	Yes
Health determinants	Addictions Climate Geography Healthcare system and access to health care services latrogenic Intoxication Lifestyle and behavior Nutrition Occupation Pollution Social and psychosocial factors

Scientific	investigator(s)
(Contact)	)

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sboudrahem@hotmail.com **Email** Organization **UCBL** Collaborations Participation in projects, No networks and consortia **Funding** Governance of the database Sponsor(s) or organisation(s) **AHREK** responsible Organisation status Presence of scientific or No steering committees Additional contact Main features Type of database Study databases Type of database Study databases (details) Not-repeated cross-sectional studies (except case control studies) Database recruitment is carried A selection of health institutions and services out by an intermediary Database recruitment is is made Another treatment or procedure on the basis of: Database recruitment is carried No out as part of an interventional study

# Database objective

Main objective The primary objective of this research is therefore,

initially, to shed light on the behaviour of patients suffering from obstructive pulmonary disease undergoing outpatient exercise training in the current context of the Covid-19 pandemic, based on 3 determining factors for behaviour, i.e.: motivation, capability and opportunity (COM-B,

BCW model).

The feedback collected and analysed will then be compared with the data in the literature [4] [5] [6] [7] [8] [9] [10].

The secondary objectives will be to identify the factors facilitating or hindering compliance with exercise training which could be addressed by physiotherapists, and, lastly, to compare these findings with the possibilities and difficulties perceived by these professionals in supporting patients in this new context.

#### Inclusion criteria

Inclusion criteria:

- Patients diagnosed with COPD
- Medical prescription for exercise training
- Males and females aged over 50 years, new to or already experienced in exercise training Non-inclusion criteria:
- Patients without COPD
- No medical prescription for exercise training Exclusion criterion:
- All categories of individuals under special protection with respect to French law (Articles L1121-8 -L1121-5 -L1121-6 -L1121-7 -L1121-9 of the French Public Health Code) are excluded

# Population type

Age

Adulthood (45 to 64 years) Elderly (65 to 79 years) Great age (80 years and more)

Population covered

Sick population

Pathology

X - Diseases of the respiratory system

Gender

Male Woman

Geography area

Departmental

French regions covered by the

database

Auvergne Rhône-Alpes

#### Data collection

#### Dates

Date of first collection (YYYY or MM/YYYY)

2019

### Size of the database

Size of the database (number of individuals)

Details of the number of individuals

Data

Type of data collected Clinical data Declarative data

Declarative data (detail) Face to face interview

Procedures

Followed pathology

Promotion and access

Promotion

Access