

# INCANT - Cohort of Adolescents Treated for Cannabis Abuse and Addiction

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## General

### Identification

Detailed name	Cohort of Adolescents Treated for Cannabis Abuse and Addiction
Sign or acronym	INCANT

### General Aspects

Medical area	Pediatrics Psychology and psychiatry
Pathology (details)	Addictions
Health determinants	Addictions Social and psychosocial factors
Keywords	protocol, family therapy, cannabis, treatment, abuse, adolescent, assessment

### Scientific investigator(s) (Contact)

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Name of the director	Jouanne
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Organization	Tolbiac Emergency Resource Centre

## Collaborations

### Funding

Funding status	Public
Details	Interministerial Mission to Combat Drugs and Drug Addiction (MILDT)

## Governance of the database

Sponsor(s) or organisation(s) responsible	INSERM - National Institute of Health and Medical Research
Organisation status	Public
Sponsor(s) or organisation(s) responsible	Mission Interministérielle de Lutte contre les Drogues et les Toxicomanies (MILDT)
Organisation status	Public

## Additional contact

## Main features

## Type of database

Type of database	Study databases
Study databases (details)	Cohort study
Database recruitment is carried out by an intermediary	A selection of health institutions and services

Database recruitment is carried out as part of an interventional study

Yes

Details

Performed at group level (clusters)

Additional information regarding sample selection.

All patients between 13 and 18 years old requesting a ?cannabis consultation? are seen by the research psychologist. After checking the inclusion criteria, the psychologist proposes the study to the patient and his/her family. If required, they may be given time to think about it and give their answer during a second consultation with the research psychologist. After reading the information sheet and signing their consent, the family is included in the randomised study and assigned to one of three therapies. The randomisation procedure is required by the European protocol.. The Urn Randomisation procedure is used (Stout 1994; Project Match). This is carried out by the research psychologist.

## Database objective

Main objective

To assess the interest in a specific therapy; Multidimensional Family Therapy (MDFT) is given to adolescents who are misusing or addicted to cannabis.  
To develop a therapeutic method in the European context, especially in France, that is effective in the field of adolescent addiction; to develop psychotherapy evaluation methods.

Inclusion criteria

Presenting with a diagnosis for cannabis abuse and addiction and to having at least one parent (or legal guardian) agreeing to participate in the treatment and study. It should be noted that the misuse of psychoactive substances, behavioural and/or psychiatric disorders often associated with cannabis do not constitute grounds for exclusion.

## Population type

Age

Adolescence (13 to 18 years)

Population covered

Sick population

Gender

Male  
Woman

Geography area

International

Detail of the geography area

Europe: France; Netherlands; Germany;

Switzerland; Belgium. Adolescents and their parents in France were recruited from two specialised psychoactive substance addiction centres that offer consultations for young drug users according to the MILDT protocol: Tolbiac Emergency Resource Centre, part of the Institute Mutual Montsouris (Paris, thirteenth municipal district), and the Specialised Drug Addiction Treatment Centre (CSST) and Drug Addiction Support Centre (CEDAT) in Mantes-la-Jolie that are managed by the Mignot Hospital in Versailles.

## Data collection

### Dates

Date of first collection (YYYY or MM/YYYY) 10/2006

Date of last collection (YYYY or MM/YYYY) 12/2009

### Size of the database

Size of the database (number of individuals) < 500 individuals

Details of the number of individuals 150

### Data

Database activity Data collection completed

Type of data collected  
Clinical data  
Declarative data  
Paraclinical data

Clinical data (detail) Medical registration

Declarative data (detail) Paper self-questionnaire

Details of collected declarative data Sociodemographic data; adolescent history; family composition; drug use; family history of psychiatric illness; legal record; treatment path; problems at school and relationship with peers.

Paraclinical data (detail) Intake interview is available separately for adolescents and parents. This heteroquestionnaire, which takes about twenty minutes, allows the collection of sociodemographic data as well as information on adolescent history; family composition; drug use; family history of psychiatric

illness; legal record; treatment path; problems at school and relationship with peers. There is a specific version for adolescents and one for parents. Additional form: demographic characteristics; age; nationality; family status; number of children (parents); details on work and education; current occupation; medical information; personal medical history; compilation of drug therapies. Personal Experience Inventory (PEI): The PEI is a self-administered questionnaire that assesses the severity drug use and related issues. Youth Self Report (YSR): abbreviated self-administered questionnaire that allows the adolescent to focus on behavioural and possible psychological disorders. The Child Behavioral Checklist (CBCL) is the parent version of the YSR. Adolescent Depression Rating Scale (ADRS): evaluates the presence and severity of depression in adolescents aged between 13 and 20 years old. Timeline Follow-Back method: TLFB is a structured interview that measures the progression of drug use in young people over time. ADI-Light: Adolescent Diagnostic Interview-Light is a structured interview that evaluates adolescent substance usage based on DSM-IV-TR criteria.

Presence of a biobank

Yes

Contents of biobank

Fluids (saliva, urine, amniotic fluid, ?)

Details of biobank content

Urine: semi-quantitative analysis of cannabis in the urine is also carried out at baseline and at six and twelve months.

Health parameters studied

Health event/morbidity

## Procedures

Data collection method

Self-administered questionnaire (Intake Interview, PEI, YSR, CBCL, ADRS) and medical interview (Timeline Follow-Back method, ADI-Light).

Participant monitoring

Yes

Details on monitoring of participants

Weekly consultation. Initial assessment at 6 and 12 months.

Links to administrative sources

No

## Promotion and access

### Promotion

Link to the document

<http://www.mdft.org/mdft/media/files/Jouanne-et-al-%28comparaison-de-l-efficacite-de-la-MultiDimensional-Family-Therapy-%28MDFT%29-versus-la-Treatment-as-usual-Explicite.pdf>

## Access

Terms of data access (charter for data provision, format of data, availability delay)

Contact the scientist in charge.

Access to aggregated data

Access on specific project only

Access to individual data

Access on specific project only