

# - Cohort of Low-Income Subjects Receiving Food Vouchers and Dietary Advice

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## General

### Identification

|  |  |
|--|--|
| Detailed name  | Cohort of Low-Income Subjects Receiving Food Vouchers and Dietary Advice                                       |
| CNIL registration number, number and date of CPP agreement, AFSSAPS (French Health Products Safety Agency) authorisation | Approval: French Data Protection Authority and by the Ethical Committee (H  tel Dieu Hospital, Paris, France). |

### General Aspects

|                     |  |
|---------------------|--|
| Medical area        | Endocrinology and metabolism<br>General practice                               |
| Health determinants | Lifestyle and behavior<br>Nutrition<br>Social and psychosocial factors         |
| Keywords            | low income, vegetables, fruit, nutrition, consumption, diet, behaviour, health |

### Scientific investigator(s) (Contact)

|                      |                                   |
|----------------------|-----------------------------------|
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## Collaborations

## Funding

|                |        |
|----------------|--------|
| Funding status | Public |
|----------------|--------|

|         |  |
|---------|--|
| Details | INTERFEL (Interprofessional Organisation of Fresh Fruit and Vegetables); League Against Cancer |
|---------|--|

## Governance of the database

|   |        |
|---|--------|
| Sponsor(s) or organisation(s) responsible | INRA   |
| Organisation status                       | Public |

|   |        |
|---|--------|
| Sponsor(s) or organisation(s) responsible | Inserm |
| Organisation status                       | Public |

## Additional contact

## Main features

### Type of database

Type of database Study databases

Study databases (details) Cohort study

Database recruitment is carried out by an intermediary A population file

Database recruitment is carried out as part of an interventional study Yes

Details Performed at group level (clusters)

Additional information regarding sample selection. 2 groups: One group receiving dietary advice only. One group receiving dietary advice and food vouchers (redeemable vouchers for the purchase of fruit and vegetables).

### Database objective

Main objective To assess the effectiveness of using food vouchers to promote the consumption of fruit and vegetables among low-income populations.

Inclusion criteria People on low incomes (assessed by deprivation score within healthcare clinics) who are randomly selected.  
18-60 years old.

### Population type

Age Adulthood (19 to 24 years)  
Adulthood (25 to 44 years)  
Adulthood (45 to 64 years)

Population covered General population

Gender Male  
Woman

Geography area Local

French regions covered by the database Île-de-France

Detail of the geography area Paris

## Data collection

## Dates

Date of first collection (YYYY or MM/YYYY) 2007

Date of last collection (YYYY or MM/YYYY) 2008

## Size of the database

Size of the database (number of individuals) < 500 individuals

Details of the number of individuals 302

## Data

Database activity Data collection completed

Type of data collected  
Clinical data  
Declarative data  
Biological data

Clinical data (detail) Medical registration

Details of collected clinical data Weight; height; blood pressure

Declarative data (detail) Paper self-questionnaire  
Face to face interview

Details of collected declarative data Socioeconomic status (employment, education, household composition, perceived socioeconomic situation, food availability and affordability); fruit and vegetable consumption (frequency questionnaire).

Biological data (detail) Blood (triglycerides, glucose, HDL-LDL cholesterol, vitamin C,  $\alpha$ -carotene,  $\alpha$ -tocopherol, tocopherol, folate)

Presence of a biobank No

Health parameters studied Health event/morbidity

## Procedures

Data collection method Information collected by medical staff during different follow-up visits.

Participant monitoring Yes

Details on monitoring of Follow-up at 3, 9 and 12 months.

participants

|                                 |    |
|---------------------------------|----|
| Links to administrative sources | No |
|---------------------------------|----|

## Promotion and access

### Promotion

|                      |   |
|----------------------|---|
| Link to the document | <a href="http://tinyurl.com/PUBMED-FandV">http://tinyurl.com/PUBMED-FandV</a> |
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|                      |   |
|----------------------|---|
| Link to the document | <a href="http://tinyurl.com/HAL-FandV">http://tinyurl.com/HAL-FandV</a> |
|----------------------|---|

### Access

|   |                                  |
|---|----------------------------------|
| Terms of data access (charter for data provision, format of data, availability delay) | Contact the scientist in charge. |
|---|----------------------------------|

|                           |                                 |
|---------------------------|---------------------------------|
| Access to aggregated data | Access on specific project only |
|---------------------------|---------------------------------|

|                           |                                 |
|---------------------------|---------------------------------|
| Access to individual data | Access on specific project only |
|---------------------------|---------------------------------|