# - Cohort of Patients Consulting Nutrition-Diabetes Department: Predictive Factors in Reducing Emotional Eating Through Behaviour Modification Programme

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## General

### Identification

| | |
|---|---|
| Detailed name | Cohort of Patients Consulting Nutrition-Diabetes Department: Predictive Factors in Reducing Emotional Eating Through Behaviour Modification Programme |

### General Aspects

| | |
|---|---|
| Medical area | Endocrinology and metabolism<br>Psychology and psychiatry |
| Health determinants | Lifestyle and behavior<br>Medicine |
| Keywords | intervention research, eating, emotion, nutrition |

### Scientific investigator(s) (Contact)

| | |
|---|---|
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| Unit | INSERM U1046; Laboratory: Physiology and Experimental Medicine of Heart and Muscles, Team 3 |
| Organization | INSERM - National Institute of Health and Medical Research |

### Collaborations

### Funding

| | |
|---|---|
| Funding status | Public |
| Details | Public |

## Governance of the database

| | |
|---|---|
| Sponsor(s) or organisation(s) responsible | CHU Montpellier |
| Organisation status | Public |
| Sponsor(s) or organisation(s) responsible | INSERM - National Institute of Health and Medical Research |
| Organisation status | Public |

## Additional contact

## Main features

## Type of database

| | |
|---|---|
| Type of database | Study databases |
| Study databases (details) | Cohort study |
| Database recruitment is carried out by an intermediary | A selection of health institutions and services |
| Database recruitment is carried out as part of an interventional study | Yes |
| Details | Performed at group level (clusters) |
| Additional information regarding sample selection. | Patients are recruited by the Nutrition-Diabetes team during consultation. |

## Database objective

| | |
|---|---|
| Main objective | To assess emotional eating following treatment with behaviour modification programme (physical activity and/or diet) according to motivational state. To identify predictive factors in reducing emotional eating. To assess cardiovascular parameters, biological, inflammation and physiological markers linked to changes in subject eating patterns. |
| Inclusion criteria | Adult patients consulting the Nutrition-Diabetes team at Lapeyronie University Hospital, Montpellier |

| Population type | |
| --- | --- |
| Age | Adulthood (19 to 24 years)<br>Adulthood (25 to 44 years)<br>Adulthood (45 to 64 years) |
| Population covered | Sick population |
| Gender | Male<br>Woman |
| Geography area | Local |
| French regions covered by the database | Languedoc-Roussillon Midi-Pyrénées |
| Detail of the geography area | Lapeyronie University Hospital, Montpellier |

## Data collection

### Dates

| | |
| --- | --- |
| Date of first collection (YYYY or MM/YYYY) | 2011 |

### Size of the database

| | |
| --- | --- |
| Size of the database (number of individuals) | < 500 individuals |
| Details of the number of individuals | 300 |

### Data

| | |
| --- | --- |
| Database activity | Current data collection |
| Type of data collected | Clinical data<br>Biological data |
| Clinical data (detail) | Medical registration |
| Biological data (detail) | Lipid profile; glycated haemoglobin (HbA1c); Oral Glucose Tolerance Test (OGTT) over 2 hours; liver function tests |
| Presence of a biobank | No |
| Health parameters studied | Health event/morbidity<br>Health event/mortality<br>Quality of life/health perception |

| Procedures | |
|---|---|
| Participant monitoring | Yes |
| Monitoring procedures | Monitoring by contact with the referring doctor |
| Details on monitoring of participants | Follow-up tests are carried out at 6 and 12 months |
| Links to administrative sources | No |

## Promotion and access

### Promotion

| Link to the document | [publis sultan.docx](publis sultan.docx) |
|---|---|

### Access

| Terms of data access (charter for data provision, format of data, availability delay) | Publications. |
|---|---|
| Access to aggregated data | Access on specific project only |
| Access to individual data | Access on specific project only |