

# - Cohort of Patients Consulting Nutrition-Diabetes Department: Predictive Factors in Reducing Emotional Eating Through Behaviour Modification Programme

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## General

### Identification

Detailed name Cohort of Patients Consulting Nutrition-Diabetes Department: Predictive Factors in Reducing Emotional Eating Through Behaviour Modification Programme

### General Aspects

Medical area Endocrinology and metabolism  
Psychology and psychiatry

Health determinants Lifestyle and behavior  
Medicine

Keywords intervention research, eating, emotion, nutrition

### Scientific investigator(s) (Contact)

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Organization INSERM - National Institute of Health and Medical  
Research

### Collaborations

### Funding

Funding status	Public
Details	Public
<b>Governance of the database</b>	
Sponsor(s) or organisation(s) responsible	CHU Montpellier
Organisation status	Public
Sponsor(s) or organisation(s) responsible	INSERM - National Institute of Health and Medical Research
Organisation status	Public
<b>Additional contact</b>	
<b>Main features</b>	
<b>Type of database</b>	
Type of database	Study databases
Study databases (details)	Cohort study
Database recruitment is carried out by an intermediary	A selection of health institutions and services
Database recruitment is carried out as part of an interventional study	Yes
Details	Performed at group level (clusters)
Additional information regarding sample selection.	Patients are recruited by the Nutrition-Diabetes team during consultation.
<b>Database objective</b>	
Main objective	To assess emotional eating following treatment with behaviour modification programme (physical activity and/or diet) according to motivational state. To identify predictive factors in reducing emotional eating. To assess cardiovascular parameters, biological, inflammation and physiological markers linked to changes in subject eating patterns.
Inclusion criteria	Adult patients consulting the Nutrition-Diabetes team at Lapeyronie University Hospital, Montpellier

Population type	
Age	Adulthood (19 to 24 years) Adulthood (25 to 44 years) Adulthood (45 to 64 years)
Population covered	Sick population
Gender	Male Woman
Geography area	Local
French regions covered by the database	Languedoc-Roussillon Midi-Pyrénées
Detail of the geography area	Lapeyronie University Hospital, Montpellier
Data collection	
Dates	
Date of first collection (YYYY or MM/YYYY)	2011
Size of the database	
Size of the database (number of individuals)	< 500 individuals
Details of the number of individuals	300
Data	
Database activity	Current data collection
Type of data collected	Clinical data Biological data
Clinical data (detail)	Medical registration
Biological data (detail)	Lipid profile; glycated haemoglobin (HbA1c); Oral Glucose Tolerance Test (OGTT) over 2 hours; liver function tests
Presence of a biobank	No
Health parameters studied	Health event/morbidity Health event/mortality Quality of life/health perception

## Procedures

Participant monitoring	Yes
Monitoring procedures	Monitoring by contact with the referring doctor
Details on monitoring of participants	Follow-up tests are carried out at 6 and 12 months
Links to administrative sources	No

## Promotion and access

### Promotion

Link to the document	<a href="#">publis sultan.docx</a>
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### Access

Terms of data access (charter for data provision, format of data, availability delay)	Publications.
Access to aggregated data	Access on specific project only
Access to individual data	Access on specific project only