

MELODIE - Elaboration of a predictive clinical score to evaluate the adherence of obese, type 2 diabetic patient to the physician's recommendations in terms of medications, exercise and diet

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General

Identification

Detailed name	Elaboration of a predictive clinical score to evaluate the adherence of obese, type 2 diabetic patient to the physician's recommendations in terms of medications, exercise and diet
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Sign or acronym	MELODIE
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General Aspects

Medical area	Endocrinology and metabolism
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Others (details)	type-2 diabetes, obesity
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Keywords	predictive score, adhesion to the modifications in the therapeutic care of their life hygiene
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Scientific investigator(s) (Contact)

Name of the director	Vignal
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Unit	Sanofi Aventis
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Collaborations

Funding

Funding status	Private
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Details	Sanofi-aventis
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Governance of the database

Sponsor(s) or organisation(s) responsible	Sanofi-aventis France
Organisation status	Private
Additional contact	
Main features	
Type of database	
Type of database	Study databases
Study databases (details)	Not-repeated cross-sectional studies (except case control studies)
Database recruitment is carried out by an intermediary	A selection of health care professionals
Database recruitment is carried out as part of an interventional study	No
Additional information regarding sample selection.	each doctor accepting to participate in the study had to respectively include the first 5 consecutive patients seen in consultation and who correspond to the selection criteria
Database objective	
Main objective	Using the cardiovascular risk factors of unbalanced obese type-2 diabetes patients, develop a clinical predictive score of the adherence of patients to the modifications in their therapeutic care and/or in their life hygiene that are prescribed for them
Inclusion criteria	Man or woman over the age of 18 years; Type-2 diabetes treated via oral diabetes medication monotherapy; HbA1c \geq 6.5%; BMI \geq 30 kg/m ² ; Abdominal obesity defined according to the NCEP/ATPIII \geq 2001 criteria: waist $>$ 88 cm for women and $>$ 102 cm for men.
Population type	
Age	Adulthood (19 to 24 years) Adulthood (25 to 44 years) Adulthood (45 to 64 years) Elderly (65 to 79 years)
Population covered	Sick population
Gender	Male

Woman

Geography area National

Detail of the geography area France

Data collection

Dates

Date of first collection (YYYY or MM/YYYY) 2008

Date of last collection (YYYY or MM/YYYY) 2008

Size of the database

Size of the database (number of individuals) [1000-10 000[individuals

Details of the number of individuals 5040

Data

Database activity Data collection completed

Type of data collected Clinical data
Declarative data

Clinical data (detail) Direct physical measures

Declarative data (detail) Face to face interview

Presence of a biobank No

Health parameters studied Health event/morbidity

Procedures

Data collection method type-2 diabetes, adhesion to the modifications in the therapeutic care of their life hygiene

Participant monitoring No

Links to administrative sources No

Promotion and access

Promotion

Access

Terms of data access (charter for data provision, format of data, availability delay)

methods for accessing the database are currently being defined

Access to aggregated data

Access on specific project only

Access to individual data

Access on specific project only