

# EXACO - Cohort of Patients with Chronic Obstructive Pulmonary Disease

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## Général

### Identification

Nom détaillé Cohort of Patients with Chronic Obstructive Pulmonary Disease

Sigle ou acronyme EXACO

Numéro d'enregistrement (ID-RCB ou EUDRACT, CNIL, CPP, etc.)

CNIL

### Thématiques générales

Domaine médical Pneumology

Pathologie, précisions Chronic obstructive pulmonary disease

Déterminants de santé Others (specify)

Mots-clés bronchitis, COPD, exacerbation, cohort

### Responsable(s) scientifique(s)

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## Collaborations

## Financements

Financements Private

Précisions AltanaPharma, Astra-Zeneca, Boehringer-Ingelheim, GlaxoSmithKline, Pfizer

## Gouvernance de la base de données

Organisation(s) responsable(s) ou promoteur Société de Pneumologie de Langue Française

Statut de l'organisation Secteur Public

## Contact(s) supplémentaire(s)

## Caractéristiques

### Type de base de données

Type de base de données Study databases

Base de données issues d'enquêtes, précisions Cohort study

Origine du recrutement des participants A selection of health care professionals

Informations complémentaires concernant la constitution de l'échantillon One hundred and fifty investigating respiratory physicians forming a representative national sample of the profession, each including an average of 8 patients that meet the inclusion criteria.

## Objectif de la base de données

Objectif principal The main aims of the study are to qualitatively and quantitatively describe the exacerbations in a cohort of COPD patients at different levels of severity and to confirm the existence of a sub-group of patients defined as frequent exacerbators who experience a high number of exacerbations over time.  
Where applicable, to determine the threshold value

(number of exacerbations) that distinguishes frequent exacerbations by assuming that 3 exacerbations per year, regardless of severity, are sufficient to class the patient as a 'frequent' exacerbator.

Several secondary aims will also be pursued.

To identify factors associated with frequent exacerbators.

To identify criteria more readily associated with exacerbation severity.

To confirm the link between frequent exacerbators/accelerated decline in lung function.

A validation of the VSRQ scale will be performed with the following metrics: replication; clinical validity through comparison with the St. George questionnaire; VSRQ unidimensional structure; VSRQ internal consistency; sensitivity to change; minimal important distance.

#### Critères d'inclusion

Respiratory physicians (private practice or hospital: CHG, CHU) will enrol patients aged 40 and over with stage II or III COPD according to SPLF criteria (2003); smokers or ex-smokers (>15 pack-years); stable and with post-bronchodilator FEV1 lower than or equal to 80% of predicted value and FEV1/VC relationship <70%. Patients must accept and complete the self-monitoring log on a monthly basis and, at each exacerbation, can be contacted by phone every three months for 4 years. Participants shall sign a consent form.

The following may not be included: patients with active tuberculosis, cancer (or who received cancer treatment in the last 3 years), diffuse bronchiectasis, cystic fibrosis, asthma (in clinical history), or any other diagnosed lung diseases (sarcoidosis, pulmonary fibrosis, pneumoconiosis, etc.). Other non-inclusion criteria include exacerbation one month prior to enrolment; absence of a telephone and participation in another clinical or epidemiological study.

#### Type de population

Age  
Adulthood (25 to 44 years)  
Adulthood (45 to 64 years)  
Elderly (65 to 79 years)

Population concernée  
Sick population

Sexe  
Male  
Woman

Champ géographique	National
Détail du champ géographique	France
<b>Collecte</b>	
<b>Dates</b>	
Année du premier recueil	2006
Année du dernier recueil	2010
<b>Taille de la base de données</b>	
Taille de la base de données (en nombre d'individus)	[1000-10 000[ individuals
Détail du nombre d'individus	835
<b>Données</b>	
Activité de la base	Data collection completed
Type de données recueillies	Clinical data Declarative data
Données cliniques, précisions	Direct physical measures Medical registration
Détail des données cliniques recueillies	Socio-demographic characteristics; clinical profile and ongoing treatment; breathlessness scales (MRC/Borg Score), Pulmonary Function testing (PFT); 6-minute walking test (TM6); impact on daily life; quality of life (VSRQ self-administered questionnaire). Optional tests are: blood oxygen saturation; sputum cytology examination (SCE); signs of emphysema on computed tomography (CT); measurement of blood gas levels. Body Mass Index; breathlessness measured with MRC scale and 6-minute walking test. During each follow-up visit; onset of exacerbation episodes as well as any changes occurring since the last visit will be made known.
Données déclaratives, précisions	Paper self-questionnaire Phone interview
Détail des données déclaratives recueillies	Self-monitoring log (each occurrence of unusual respiratory distress for 2 days or more).
Existence d'une bibliothèque	No

Paramètres de santé étudiés

Health event/morbidity  
Quality of life/health perception

## Modalités

Mode de recueil des données

Collected by hospital and/or private respiratory physicians.

Suivi des participants

Yes

Détail du suivi

4-year follow-up following enrolment. Once a year, the results of a full pulmonary function test; 6-minute walking test and MRC breathlessness scale score will be gathered; the quality of life questionnaire and Borg Scale score will also be completed once a year. Tests will not be mandatory but carried out as part of the treatment course and regular follow-up of patients with COPD. The patient will complete the self-monitoring log when there is unusual respiratory distress for 2 days or more. He/she will also include his/her monthly respiratory progress in the log at the end of each follow-up month. A quarterly telephone interview where the telephone operator will ensure that all exacerbations were recorded in the log. Otherwise, data will be specified. This interview will minimise the risk of good response bias (the most suitable patients will better complete the questionnaire).

Appariement avec des sources administratives

No

## Valorisation et accès

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Lien vers le document

<http://www.em-consulte.com/rmr/article/134729>

## Accès

Charte d'accès aux données (convention de mise à disposition, format de données et délais de mise à disposition)

To be decided.

Accès aux données agrégées

Access on specific project only

Accès aux données individuelles

Access on specific project only