

# DISCO - Case-Control Study on The Impact of "The Back Guide (Le Guide du Dos)" Educational Programme on The Development of Common Lower Back Pain in General Medicine

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## Général

### Identification

Nom détaillé Case-Control Study on The Impact of "The Back Guide (Le Guide du Dos)" Educational Programme on The Development of Common Lower Back Pain in General Medicine

Sigle ou acronyme DISCO

Numéro d'enregistrement (ID-RCB ou EUDRACT, CNIL, CPP, etc.) CNIL

### Thématiques générales

Domaine médical General practice

Déterminants de santé Lifestyle and behavior  
Occupation

Mots-clés educational programme, back, assessment, impact

### Responsable(s) scientifique(s)

Nom du responsable Fernand

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Laboratoire Direction Médicale Unité Thérapeutique Antalgie

Organisme Laboratoire

### Collaborations

### Financements

Financements	Private
Précisions	Aventis laboratory
<b>Gouvernance de la base de données</b>	
Organisation(s) responsable(s) ou promoteur	Laboratoire Aventis
Statut de l'organisation	Secteur Privé
<b>Contact(s) supplémentaire(s)</b>	
<b>Caractéristiques</b>	
<b>Type de base de données</b>	
Type de base de données	Study databases
Base de données issues d'enquêtes, précisions	Case control study
Origine du recrutement des participants	A selection of health care professionals
Le recrutement dans la base de données s'effectue dans le cadre d'une étude interventionnelle	Yes
Précisions	Performed at group level (clusters)
Informations complémentaires concernant la constitution de l'échantillon	1,800 selected general practitioners that agreed to participate in the study, which includes 4 subjects with acute common lower back pain. Subjects are divided into two groups. Subjects enrolled in the control group will receive non-standardised verbal information from their general practitioner. In addition to non-standardised verbal information from their general practitioner, subjects enrolled in the case study group will receive "The Back Guide" information leaflet on their first consultation after being informed of its contents, objectives and use.
<b>Objectif de la base de données</b>	
Objectif principal	To assess the impact of an educational programme on the chronic state of common lower back pain, through written information in "The Back Guide", as well as the usual verbal information provided to all lower back pain patients.

Critères d'inclusion	- male and female - aged 18+ - with common lower back pain
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## Type de population

Age	Adulthood (19 to 24 years) Adulthood (25 to 44 years) Adulthood (45 to 64 years) Elderly (65 to 79 years)
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Population concernée	Sick population
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Sexe	Male Woman
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Champ géographique	National
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Détail du champ géographique	Metropolitan France
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## Collecte

## Dates

Année du premier recueil	09/2003
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Année du dernier recueil	02/2004
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## Taille de la base de données

Taille de la base de données (en nombre d'individus)	[1000-10 000[ individuals
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Détail du nombre d'individus	6,120
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## Données

Activité de la base	Data collection completed
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Type de données recueillies	Declarative data
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Données déclaratives, précisions	Paper self-questionnaire Face to face interview
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Détail des données déclaratives recueillies	Information sheet completed by observing physician. Questionnaire on the link between lower back pain and physical or occupational activities.
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Existence d'une bibliothèque	No
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Paramètres de santé étudiés	Health event/morbidity Quality of life/health perception
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## Modalités

Mode de recueil des données	Data collected on information sheet. Will be conducted by physician using a specific questionnaire. The assessment criterion is the transition to a chronic state, which is defined by persistent pain at 3 months. Lower back pain history, professional practices, continued training and the concerns and beliefs of physicians are also collected. Measurement of the impact of verbal and/or written information from The Back Pain" educational programme provided by the observing physician on the transition to chronic state of common lower back pain. Subject follow-up will be conducted during the fourth month.
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Suivi des participants	No
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Appariement avec des sources administratives	No
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## Valorisation et accès

### Valorisation et accès

### Accès

Charte d'accès aux données (convention de mise à disposition, format de données et délais de mise à disposition)	Contact the person in charge of study.
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Accès aux données agrégées	Access on specific project only
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Accès aux données individuelles	Access on specific project only
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